

## BRODA Chairs to Aid in Fall Prevention for Nursing Home Residents



**A**ccording to the Centers for Disease Control and Prevention (CDC) 1.4 million older adults 65 years and older live in a nursing home in the U.S. It is estimated that 50%-75% of nursing home residents fall each year, approximately one-third of these falls occur with residents who can no longer walk. Approximately 1,800 older adults living in nursing homes die each year from

fall-related injuries with those who survive frequently sustaining injuries that result in permanent disability and reduced quality of life. As alarming as they are, these documented statistics fall short of the actual number since many incidents go unreported and unrecognized by family members and caregivers.

### *How big is the problem?*

- More than 1.4 million people age 65 and older live in nursing homes. If the current rate continues, by 2030 this number will rise to approximately 3 million
- In 2013, the cost of fall related care reached \$34 billion
- The average hospital cost for a fall injury is \$35,000
- Every 13 seconds, an older adult is treated in the emergency room after suffering a fall

### *How serious are these falls?*

- Every 20 minutes, an older adult dies from a fall
- More than 95% of hip fractures are caused by falling
- Environmental hazards account for 16%-27% of resident falls
- Falls result in disability, functional decline and reduced quality of life

## BRODA Chairs to Aid in Fall Prevention for Nursing Home Residents Cont.

### How can BRODA help?

**B**RODA manufactures high quality tilt in space positioning chairs with our Comfort Tension Seating<sup>®</sup> that is ideal for use across multiple care settings. Clinicians often prescribe Tilt-in- Space chairs for a variety of clinical reasons and outcomes. These include: positioning and repositioning patients throughout the day, reduce swelling of the lower extremities and redistributing pressure to maintain skin integrity and aid in pain control.

**B**RODA has made it our mission to design products that will aid in fall prevention while improving quality of life. BRODA has designed the [785 Elite Tilt Recliner](#) to lay flat allowing for the caregiver to complete most of the patient's Activities of Daily Living from the chair without need for transfer, while also allowing slide transfers to be completed potentially eliminating the need for a Hoyer lift. To learn more about BRODA's ability to aid in fall prevention and the many benefits BRODA chairs can offer please visit our website at [www.brodaseating.com](http://www.brodaseating.com).



#### Resource links:

The Centers for Disease Control and Prevention:

<http://www.cdc.gov/homeandrecreationalafety/falls/adulthipfx.html>  
[www.cdc.gov/HomeandRecreationalSafety/Falls/nursing.html](http://www.cdc.gov/HomeandRecreationalSafety/Falls/nursing.html)

National Council on Aging:

<https://www.ncoa.org/news/resources-for-reporters/get-the-facts/falls-prevention-facts/>